

Alma Public School

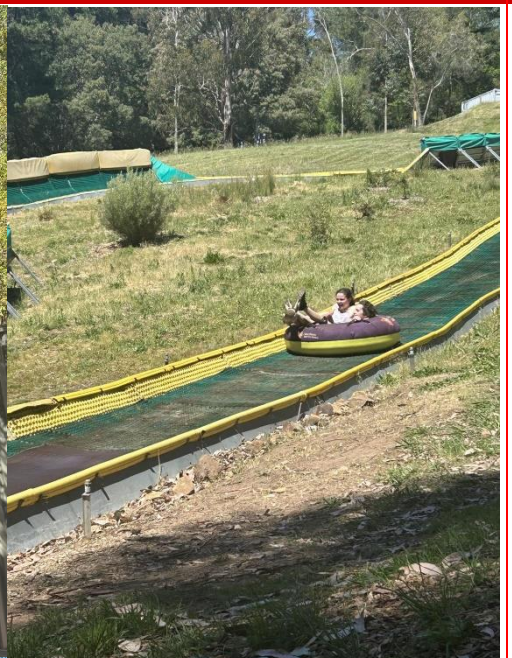
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Newsletter

Term 4 Week 4 Monday 4 November 2024

Visit our website: www.alma-p.schools.nsw.gov.au or download the Sentral for Parent Portal through the Apple App Store or Android Google Play Market



INSIDE THIS ISSUE: From the Relieving Principal, Head lice and Impetigo (School Sores), Momentum Program, What's on this week at Alma?, Reminders, Year 7 taster lessons, Stage 2 photos, Term 4 Calendar, Swim School, Community News

From the Relieving Principal



Stage 2 Excursion

The Stage 2 students and teachers have returned after a long trip back. I am not sure who was more tired, the teachers or the kids. Thank you for the fantastic effort of our staff especially Miss Renee who even got to celebrate her birthday on camp!

Community Behaviour

There have been some reports from community of students not being respectful, responsible and resilient while in school uniform at Patton St Park. Please remind your child of expected behaviours when out and about and that things that happen out of school, stay out of school and do not need to be revisited. Please call the local police station if you have concerns about anything that happens in the community.

Mobile Phones

Just a reminder that all mobile phones must get to the office and be handed in as soon as students arrive. They are not allowed to be in classrooms or school bags. This is a statewide policy and more information can be found at **Digital devices in NSW schools – policy and procedures-** <https://www.nsw.gov.au/education-and-training/digital-citizenship/teaching-and-learning/digital-devices-in-nsw-schools>

End of Year Celebrations

We are starting to plan our end of year celebrations, please make sure you are regularly checking seesaw and Facebook for updates around these events. Year 6 photos are due to the office as soon as you can.

Captain Speeches

I have already had some students nominate for our 2025 leadership team. It has been lovely to see the enthusiasm and excitement from these year 4 and 5 students about their potential roles next year. There will definitely be a strong race when our speeches are held on Friday 25th November.

Ruby Church

Relieving Principal

Ngayi Alma, we start our week of learning by acknowledging the Wilyakali people. The Wilyakali people are the traditional owners of the land we are on today. On behalf of Alma Public School, we remember Wilyakali people from the past, present and emerging. Their country, our country and our School. We hope you have a great week of learning.



Head Lice and Impetigo (School Sores)

We have been notified that there have been a few cases of head lice and impetigo (School Sores) in our school community. Please follow the below information before sending your child back to school. If you need head lice treatment, please contact the office.

Head Lice: Time from infestation to eggs hatching usually 5 to 7 days.

Symptoms: Itchy scalp, white specks stuck near the base of the hairs, lice may be found on the scalp. Students can return to school as soon as their hair is treated.

Impetigo (school sores): Time from exposure to illness 1 to 3 days.

Symptoms: Small red spots change into blisters that fill with pus and become crusted, usually on the face, hands or scalp. Students can return to school, but scabs must be covered with a watertight dressing.

Momentum Program

Momentum offers tailored online treatment programs to help children and adolescents learn new ways to cope with feelings of anxiety and / or unhappiness. Momentum also offers help with sleep difficulties, as well as information on wellbeing and help seeking, and tips and information about other topics from adolescents.

Momentum has been designed in collaboration with young people, parents, clinicians and researchers. The program is free to use and can be worked through at your own pace in the comfort of your own home.

All programs will help to: Keep track of your anxiety and/or unhappiness, tackle anxiety and/or unhappiness step-by-step until it seems more manageable, manage anxiety and/or unhappiness in the moment with skills that calm your mind and body.

If you like to find out more information visit the website below.

<https://www.momentumhub.org.au>

T4W4

What's on this week at Alma PS?



Kitchen and Garden week

Monday-

K-2 W and K-6R Excursion
Kindergarten orientation

Tuesday-

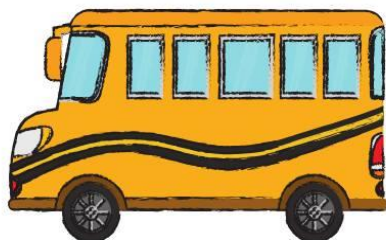
Buglie Play and stay

Thursday-

Year 6 to 7 taster lessons

Friday-

Swim school Year 2
Assembly



Coming up...

Week 5

Swim school
Rugby Gala Day
Kindergarten orientation

Week 6

Swim school
Year 6 to 7 orientation day
Kindergarten Orientation

PBL

We are flexible and accept that changes can happen

Alma P & C Christmas Raffle
The Alma P & C are now taking Christmas raffle donations that can be dropped into the front office.
Raffle will be drawn at Presentation day.

Willyama Year 7 Taster Lessons Thursday 7 & 14 November
Students will travel by bus to and from Willyama. Students are to dress in full school uniform.
Orientation Day Tuesday 19 November. Parents to drop and pick up students from Willyama. Students are to dress in full school uniform.

Stage 2 Excursion Woodhouse Adventure Park

Our Stage 2 Students returned on Friday night from their excursion to Woodhouse Adventure Park. They had an amazing time and displayed fantastic resilience when completing activities. Check out some of their photos captured during activities.



Term 4 Calendar

WK 4	<u>4 Nov</u> Garden – 11.40am 3-4B Kitchen – 12.20pm 3-4B Kinder Orientation Day K-2W & K-6R excursion	<u>5 Nov</u> Garden – 11.40am 3-4S Kitchen – 12.20pm 3-4S Bugdlie transition to preschool	<u>6 Nov</u> Garden – 11.40am 3-4DJ Kitchen – 12.20pm 3-4DJ	<u>7 Nov</u> Garden – 11.40am 5-6A Kitchen – 12.20pm 5-6A Year 6 to 7 Willyama Taster Lesson	<u>8 Nov</u> Kitchen – 10.00am 5-6P Garden – 11.40am 5-6P Kitchen – 11.40am 5-6H Garden – 12.40pm 5-6H Year 2 Swim School Bugdlie transition to preschool Assembly – Senior Choir
WK 5	<u>11 Nov</u> Kinder Orientation Day	<u>12 Nov</u>	<u>13 Nov</u>	<u>14 Nov</u>	<u>15 Nov</u> Bugdlie transition to preschool Scripture Year 2 Swim School Assembly – K-6R & K-6W
WK 6	<u>18 Nov</u> Garden – 11.40am 3-4B Kitchen – 12.20pm 3-4B Kinder Orientation Day	<u>19 Nov</u> Garden – 11.40am 3-4S Kitchen – 12.20pm 3-4S Year 6 to 7 Willyama Orientation Day Bugdlie transition to preschool	<u>20 Nov</u> Garden – 11.40am 3-4DJ Kitchen – 12.20pm 3-4DJ Public Speaking	<u>21 Nov</u> Garden – 11.40am 5-6A Kitchen – 12.20pm 5-6A	<u>22 Nov</u> Kitchen – 10.00am 5-6P Garden – 11.40am 5-6P Kitchen – 11.40am 5-6H Garden – 12.40pm 5-6H Year 2 Swim School Bugdlie transition to preschool Assembly - SRC
WK 7	<u>25 Nov</u> Kinder Orientation Day	<u>26 Nov</u>	<u>27 Nov</u>	<u>28 Nov</u>	<u>29 Nov</u> Bugdlie transition to preschool Year 2 Swim School Scripture Assembly – SRC
WK 8	<u>2 Dec</u> Garden – 11.40am 3-4B Kitchen – 12.20pm 3-4B Presentation Day rehearsal Bugdlie transition to preschool	<u>3 Dec</u> Garden – 11.40am 3-4S Kitchen – 12.20pm 3-4S	<u>4 Dec</u> Garden – 11.40am 3-4DJ Kitchen – 12.20pm 3-4DJ Year 6 Farewell	<u>5 Dec</u> Presentation Day	<u>6 Dec</u> Kitchen – 10.00am 5-6P Garden – 11.40am 5-6P Kitchen – 11.40am 5-6H Garden – 12.40pm 5-6H Year 2 Swim School Assembly
WK 9	<u>9 Dec</u> Reports go home	<u>10 Dec</u>	<u>11 Dec</u> Class Party Day	<u>12 Dec</u>	<u>13 Dec</u> Year 2 Swim School Scripture No Assembly
WK10	<u>16 Dec</u> Garden – 11.40am 3-4B Kitchen – 12.20pm 3-4B	<u>17 Dec</u> Garden – 11.40am 3-4S Kitchen – 12.20pm 3-4S	<u>18 Dec</u> Garden – 11.40am 3-4DJ Kitchen – 12.20pm 3-4DJ		

PBL Focus Week 4

We are flexible and accept changes

BELL SHAKESPEARE

THE SCULLY FUND



FOR AGES 8+

Bell Shakespeare's The Players present:

JUST ROMEO AND JULIET!

7:00pm – 8:00pm

Thursday 7 November, 2024

Theatre 44, 189 Wills Street, Broken Hill

A free community performance with thanks to The Scully Fund.

By William Shakespeare
Messaged around with by Andy Griffiths
Adapted by Joanna Eriskine



ALMA PUBLIC SCHOOL

SWIM LESSONS



DATE	TIME	DATE	TIME
FRIDAY 18 OCTOBER	9.45am - 11.00am	FRIDAY 22 NOVEMBER	9.15am - 11.15am
FRIDAY 25 OCTOBER	9.45am - 11.00am	FRIDAY 29 NOVEMBER	9.15am - 11.15am
FRIDAY 8 NOVEMBER	9.45am - 11.00am	FRIDAY 6 DECEMBER	9.45am - 11.00am
FRIDAY 15 NOVEMBER	9.45am - 11.00am	FRIDAY 13 DECEMBER	9.45am - 11.00am

WHAT TO BRING

- Students need to come to school with their swimming costume under their school uniform. Please wear enclosed footwear.
- Pack: towel, underwear, plastic bag for wet clothing, sunscreen.

Make sure every clothing item is labelled with your child's name.