



June Message Board

- NAIDOC Day -----10th
(Bugdlie will be at Alma on this day)
- World Day against child labour-----12th
- Queen's Birthday (Public Holiday)---13th
- Out of the glass case-----18th
(It is an Alma Excursion Day. Children will participate in Aboriginal stories and dreaming with a visiting Aboriginal Elder)
- World Refugee Day---20th

NAIDOC CELEBRATIONS



You and your extended family are invited to join your child at Alma Public School as we celebrate NAIDOC day together.

Date: Wednesday the 10th of June

Time: 9:20 am onwards.

A free sausage sizzle will be provided on the day. Drinks will be available for purchase.

We look forward to celebrating this special day together.

Reconciliation

We would like to thank all of our elders, families and community members who attended our reconciliation celebration and supported the official opening of our community room. It was a wonderful morning filled with stories and happy memories. The positive atmosphere and number of people attending highlighted the strong connection to community that Bugdlie has maintained since opening so many years ago. We thank you for being such a big part of this special event.

GLOBAL WIND DAY – JUNE 15

Global Wind Day is a day for discovering wind, its power and the possibilities it holds to change our world. In more than 75 countries around the world, wind farms are in operation, generating energy from a clean and renewable source.

[GO TO THE WEBSITE](#)



Tuna Sushi Balls with Maari Ma

Lunch box stars



Makes 12 – Gluten free, Nut free, Sugar free, wheat free

Ingredients

6 Large eggs	2 bulbs crushed garlic
½ cup milk	200g baby spinach
pinch Salt	200g ricotta
Oil	¼ cup pepitas (optional)
1 small leek finely sliced	1 tsp. turmeric (optional)

Method

- Whisk the eggs, milk and salt together and set aside
- Preheat oven to 180C fan forced
- Place silicon muffin patty pans into your muffin tray
- Spray Oil onto the silicon cups
- Add oil to a large saucepan, sauté the leek, garlic and option turmeric in a medium hot saucepan until the leek is very tender and translucent
- Add the Baby English spinach and toss through briefly
- Scoop 1 heaped Tablespoon of the spinach and Leek mix into a silicon muffin patty pan
- Add a large dollop of the ricotta on top
- Pour the egg mix over the filling
- Sprinkle pepitas on top (optional)
- Bake for 1/2 hour

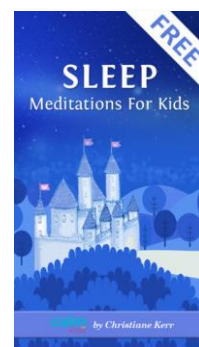
Store in Fridge or freezer and enjoy for breakfast or lunch on the run

Source: <http://www.sugarfreekids.com.au/crustless-quiche-recipe/>

App Review

Sleep Meditations for Kids: Free

This high quality children's meditation App by leading yoga teacher and Montessori teacher Christiane Kerr was created for children of all ages, guiding children to the creative part of their mind through a number of carefully scripted story meditations. This recording will help children to relax and will enhance feelings of contentment.

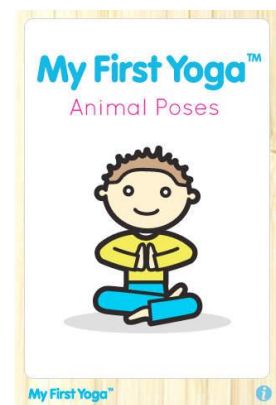


Smiling Mind: Free

Smiling Mind is modern meditation for young people. It is a unique web and App-based program, designed to help bring balance to young lives. It is a not-for-profit initiative based on a process that provides a sense of clarity, calm and contentment.

My first yoga: Free

These kid's yoga flash cards use vibrant illustrations and child friendly narration to lead users through a series of easy to follow animal yoga poses. Learn to become a strong dog, quiet turtle and proud Lion, stretching mind and body to improve focus, balance and concentration.



DID YOU KNOW?



Educators and Professional Development

Did you know that all Educators employed at our Service are evaluated as per their performance and each year plans are developed to enhance their knowledge, ability and confidence?

As a Childcare Service Provider it's our responsibility to regularly review each staff members primary role within the Service, we reflect on past performance, consider strengths and weaknesses then establish goals in Professional Development Plans.

To achieve the set goals we may schedule in-house training, externally based workshops or simply share unique knowledge & experiences. It doesn't end there. During an official assessment by our regulatory body, Educators were observed conducting their daily activities with children and providing support to their peers.

National Quality Standards - Element: 7.2.2 - The performance of educators, co-ordinators and staff members is evaluated and individual development plans are in place to support performance improvement.

Did you know we are governed by 58 separate Elements across the seven National Quality Standards?



We welcome Tyreke to Buglie.

WITH MINDFULNESS, YOU CAN ESTABLISH YOURSELF IN THE PRESENT IN ORDER TO TOUCH THE WONDERS OF LIFE THAT ARE AVAILABLE IN THAT MOMENT.
– NHAT HANH.



Setting up our compost bin



WE WELCOME YOUR FEEDBACK



How can we make your child's experience at Buglie even better?

What information would you like to have about what we do at Buglie?

Buglie Phone: 80881244

Fax: 80873691

Mobile: 0474150779

